

HEALTH AND WELLNESS WORD SEARCH

Name :

Date :

Direction : Find and circle the health and wellness word in the puzzle below!

M	A	M	H	E	M	A	S	T	R	E	N	G	T	H
X	R	E	V	M	U	M	C	I	D	K	I	A	I	B
P	T	N	S	O	C	I	A	L	N	C	E	Q	O	L
H	N	T	E	T	I	S	P	I	R	I	T	U	A	L
Y	S	A	L	I	C	U	E	Y	I	P	G	A	O	H
S	A	L	L	O	G	R	A	Y	L	H	B	B	G	I
I	T	C	H	N	U	T	R	I	T	I	O	N	Y	S
C	S	E	W	A	O	K	A	N	Y	S	D	G	N	H
A	T	R	A	L	A	L	A	U	G	H	Y	M	O	E
L	R	O	G	R	A	P	H	Y	D	C	Y	I	S	A
F	E	X	E	R	S	I	C	E	E	S	P	N	D	L
A	S	G	W	M	A	R	E	A	D	I	R	D	L	T
M	S	L	I	F	E	S	T	Y	L	E	A	N	Y	Y
S	P	O	R	T	N	N	S	W	I	M	Y	I	N	G

- Physical
- Emotional
- Laugh
- Strength
- Lifestyle

- Exercise
- Mind
- Social
- Body
- Spiritual

- Pray
- Nutrition
- Healthy
- Stress
- Mental

ANSWER KEY

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X	R	E	V	M	U	M	C	I	D	K	I	A	I	B
P	T	N	S	O	C	I	A	L	N	C	E	Q	O	L
H	N	T	E	T	I	S	P	I	R	I	T	U	A	L
Y	S	A	L	I	C	U	E	Y	I	P	G	A	O	H
S	A	L	L	O	G	R	A	Y	L	H	B	B	G	I
I	T	C	H	N	U	T	R	I	T	I	O	N	Y	S
C	S	E	W	A	O	K	A	N	Y	S	D	G	N	H
A	T	R	A	L	A	L	A	U	G	H	Y	M	O	E
L	R	O	G	R	A	P	H	Y	D	C	Y	I	S	A
F	E	X	E	R	S	I	C	E	E	S	P	N	D	L
A	S	G	W	M	A	R	E	A	D	I	R	D	L	T
M	S	L	I	F	E	S	T	Y	L	E	A	N	Y	Y
S	P	O	R	T	N	N	S	W	I	M	Y	I	N	G

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