

# Bullying Worksheets

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Direction:** Bullying is unfortunately very common in the classroom environment. These anti-bullying worksheets can help students become more aware of the effects of bullying on their classmates, and encourage them to practise empathy and kindness.

## Recess is Ruined

When the bell rang for recess, everyone sprang out of their desks and headed towards the door—except for Kevin. He stood around his desk, taking an extra long time to put his books and papers away. His teacher, Mr. Mitchell, looked up at him.

“Aren’t you going to go outside?” Mr. Mitchell asked.

Kevin shrugged.

“Go on now, get some fresh air,” Mr. Mitchell said.

Kevin had finished putting away his things, so he felt he had no choice but to do as Mr. Mitchell said.

He walked to the door leading out to the playground, standing in the door frame for a moment or two, looking outside. He didn’t see George or his slingshot, so he stepped out. He had only taken three steps when, *thwack!* Something very hard hit his ear so hard that it stung. Kevin felt tears well up in his eyes. Why wouldn’t they leave him alone? There was another *thwack!* and something else hard bounced off of his cheek. He turned and ran inside, the laughter of George and his friends ringing in his ears. He was never going outside for recess again!

1. How do you think Kevin felt when the bell rang?
2. Do you think Mr. Mitchell should have acted differently? If so, how?
3. What do you think Kevin did when he ran back inside? What do you think he should do?

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**ANSWERS MAY VARY**